



Review

Drought stress and its management in wheat (*Triticum aestivum* L.): a review

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Abstract. Drought is one of the major constraints to wheat production, and it is becoming a more serious problem in many wheat-growing regions of the world. It causes a severe reduction in wheat crop growth and productivity. Water stress at critical growth stages namely tillering, grain filling and flowering stages causes serious yield loss. Morphological, physiological, biochemical, and molecular changes are seen as a result of drought stress in wheat. When plants are exposed to drought stress, they use three basic survival strategies, stress avoidance, escape, and tolerance. Growing drought tolerant varieties and applying agronomic management to create innovative water-use approaches is important for drought management. This review summarizes the effects of drought stress on wheat growth and productivity. This review could be useful for wheat researchers and growers for making the right decision on drought management in wheat.

Keywords: wheat, water stress, crop growth, yield, yield component

Introduction

Wheat (*Triticum aestivum* L.) is the world's most widely grown cereal crop (Akbar et al., 2001). Common wheat is the staple grain in forty-three countries. Due to the effects of climate change, the extreme adverse natural events are increasing, and environmental stress is one of the major causes of crop loss around the world, with annual yield losses of more than 50% for major crops (Chaves and Oliveira, 2004). The monsoon has become more irregular, contributing to the upscaling of droughts. After diseases, drought stress is the second most important constraint to crop productivity (Singh and Bhalla, 1994). A study for characterizing the agricultural drought prone areas on a global scale reported eastern and southern Africa, the Mediterranean region, the western United States, South American countries, India, China, Sri Lanka among the major drought hotspots (Cumani and Rojas, 2016). Droughts are becoming more common in South and

Southeast Asia. Countries such as Bangladesh, Nepal, Bhutan, Cambodia, and Philippines all fall in the monsoon climatic zone (Miyan, 2015). The ill-effect of drought is direr on the agricultural sector and overall livelihood of developing nations (Cumani and Rojas, 2016).

Drought stress can be defined as a shortage of water that results in substantial morphological, biochemical, physiological, and molecular changes (Sallam et al., 2019). Reduced leaf water potential and turgor pressure, stomatal closure, and decreased cell growth and enlargement are all symptoms of drought stress in plants (Farooq et al., 2009). The crop's performance is determined by the availability of water during different critical stages (Ashraf et al., 1994; Jamal et al., 1996). When moisture stress occurs, it is known to lower biomass, tillering ability, grains per spike, and grain size. As a result, the overall effect of moisture stress is determined by the degree and duration of the stress (Bukhat, 2005). Water stress at later stages may also result in a decrease in the number of kernels per ear

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and the weight of the kernels (Gupta et al., 2001; Denčić et al., 2000). Drought stress can cause losses at any time during the crops growing season (Blum, 2005), although its impact on yield reduction is the greatest during anthesis. Water stress during anthesis lowers pollination, resulting in fewer grains being generated per spike, lowering grain production. Adequate water during or after anthesis permits the plant to enhance photosynthetic rate while also giving it more time to translocate carbohydrates to grains (Zhang and Oweis, 1998), resulting in larger grains and higher grain production. Drought during critical growth phases, such as tillering, booting, earing, anthesis, and grain development stages, causes the loss in radiation usage efficiency resulting in decreased growth rate. The availability of water during these critical stages determines the crop's performance (Ashraf et al., 1994; Sarwar, 1994; Jamal et al., 1996).

Plant responses to drought are influenced by a variety of parameters including growth rate, severity, genotype, duration of stress, photosynthetic machinery activity, respiration, and transpiration, as well as environmental conditions. Several genes in wheat are involved in drought stress tolerance and produce several enzymes and proteins, such as late embryogenesis abundant (LEA), responsive to abscisic acid (Rab), rubisco, helicase, proline, glutathione-S-transferase (GST), and carbohydrates (Nezhadahmadi et al., 2013). There are three known strategies for dealing with drought stress: tolerance, escape and avoidance. Avoidance or tolerance can reduce detrimental effect of drought in plants. Avoiding drought is the ability of plants to provide a high-water potential with reduced water availability in the soil and in fact avoid dehydration. Tolerance to dehydration is the ability of plants to withstand minimum water injury and internal water deficits. Another way to face the drought is to escape. This is where the plant completes its life cycle long before the onset of drought.

To combat drought, an interdisciplinary approach involving agronomy, plant breeding, plant physiology, plant biotechnology, water engineering, and other disciplines is required to create innovative water-use approaches. Mulching, conservation tillage, intercropping, early sowing, crop selection and variety selection, and micro-irrigation are all agronomic practices that can help crops cope with drought. Drought-tolerant wheat cultivars are being developed using modern approaches such as physiological trait-based breeding, molecular breeding, marker-assisted backcrossing, aerial phenotyping, water budgeting, and resource allocation (Ahmad et al., 2018). The objective of this review is to gather information on drought stress's effects on wheat growth and productivity.

Effect of drought stress on morphological changes

The most prevalent symptoms of water stress are poor germination and crop establishment (Harris et al., 2002). Cell development is an important drought-sensitive physiological function due to a decrease in turgor pressure. Water stress induces a drop in leaf area index that is equal to or larger than that induced by reproductive growth. According to Cui et al. (2015), moderate or severe water deficit during tillering had no effect on flag leaf area but reduced it significantly when it occurred during jointing stage in wheat. When there is a dearth of water, many metabolic processes including the rate of photosynthesis in plants slows down (Wang et al., 2018). Lack of water causes discoloration, as well as an increase in leaf trichomes and stomata on the leaf surface. Proline buildup and abscisic acid stress rise when CO₂ flow and leaf transpiration decrease (Heidaiy and Moaveni, 2009). Chlorosis, which causes a decline in photosynthesis, is one of the most evident indicators of leaf senescence. Senescence usually begins in older leaves and extends to younger ones. Drought stress reduces plant height, dry weight, and root canopy ratio while increasing leaf rolling and drying scores (Samyuni and Purwanto dan, 2015). Plant roots obtain nutrients and water from the ground, and they play a crucial role in drought conditions as well. When water sources are few, plant roots descend deep into the earth to absorb water from the soil.

Effect of drought stress on physiological changes

In current and future climate change scenarios, drought stress (water shortage) is the principal abiotic stress that substantially lowers yield and productivity. According to the IPCC (2014) study, the reduction in yield, productivity, and quality is mostly due to a severe water shortage and poses a serious threat to agriculture. Drought has a complex effect on grain output, involving processes such as nutrient assimilation and mobilization to multiple reproductive organs, stem reserve accumulation, gametogenesis, fertilization, embryogenesis, endosperm and seed growth. Because these pressures can affect crop output at any stage of development, the seed filling stage is critical for calculating average seed weight and seed composition, and thus the final quantitative and qualitative yield is reduced (Cakir, 2004). In higher plants, drought stress causes mycological changes such as turgor loss, osmotic adjustment, and a decrease in leaf water capacity. Turgor potential is the physical force required to cause cell expansion, which is largely influenced by the extensibility of the cell walls. A low turgor pressure caused by water stress induces a reduction or stoppage of growth by limiting cell extensibility. During a water scarcity, plants' water balance is disrupted, resulting in a drop in relative

water content (RWC) and water capacity of the leaves (Siddique et al., 2000; Gupta et al., 2001). Changes in the relative water content of leaves are supposed to indicate drought stress. Various forces work on the soil-plant-atmosphere continuum, allowing water to be taken in and lost, thus forming the water interactions. Relative water contents, water potential, osmotic potential, and turgor potential are the plant components. Water relations are vital for a variety of reasons. To begin with, changes in water-related characteristics represent variances between species and cultivars and are used as a measure of drought tolerance or adaptability (Ashraf et al., 1994). The drop in RWC has been shown to alter plant growth and yield (El Hafid et al., 1998; Pereira-Netto et al., 1999; Molnár, 2002). The excised leaf water retention capacity of wheat cultivars was investigated by Ashraf and Khan (1993) and Ashraf et al. (1994), who discovered that genotypes with higher RWC were more tolerant to drought. Leaf survival required for absorption is determined by RWC rather than leaf water potential, according to Ashraf et al. (1994), Pereira-Netto et al. (1999), Molnár (2002), and Siddique et al. (2000). Water stress reduces plant leaf water potential, which is a reliable metric for assessing plant water stress response and screening drought-tolerant genotypes (Ashraf et al., 1994). According to Sairam et al. (1990), a decrease in leaf water potential exacerbated drought stress. Similar findings were reported by Ashraf et al. (1994). According to Ashraf et al. (1994), osmotic adjustment is caused by the buildup of solutes, which reduces the osmotic potential and aids in the maintenance of turgor in plants under water stress. Plants lose their turgor when exposed to water stress, limiting cell proliferation and growth (Siddique et al., 2000). As a result, the plants' turgor must be adjusted for cell expansion and growth to resume. The major mechanism of major maintenance, according to Munns (1979), is osmoregulatory. Solutes accumulate during osmoregulation. Ashraf et al. (1994) discovered that genotypes with increased turgor were drought tolerant. Growth analysis is the foundation for determining a plant's response to environmental challenges. The key physiological determinant of crop productivity is the leaf area index (LAI). Lower cell enlargement (McCree and Davis, 1974), stunted growth (Jones et al., 1980) are all possible causes of reduced leaf area index (Oppenheimer, 1960). Another reason for the reduction in LAI could be an increased abscission rate caused by a decrease in the water status of the plant under stress. Water stress during vegetative growth induced a drop in wheat LAI, according to Qadir et al. (1999).

Many essential physiological and morphological processes, such as leaf expansion, stomatal conductance,

and photosynthetic activity, are directly controlled by leaf turgor potential (Ashraf et al., 1994). Drought stress causes the stomata to close, reducing the amount of CO₂ available for photosynthesis and hence slowing photosynthesis. Reduced photosynthetic rates can result in the lower starch buildup and invertase activity, which can lead to pollen sterility and ovary abortion (Farooq et al., 2014). As a result, the yield is reduced. Chlorophyll is a good measure of a plant's photosynthetic capacity, which both directly and indirectly reflects the plant's health and responsiveness to water stress. It is a good indicator of a plant's photosynthesis capability, which directly reflects the plant's health and indirectly reflects its response to water stress (Guo et al., 2003).

Effect of drought stress on biochemical changes

Drought stress causes an imbalance between electron excitation and photosynthetic consumption, leading to the formation of reactive oxygen species (ROS), primarily superoxide and hydrogen peroxide (H₂O₂) (Reddy, 2004). By damaging cell membrane proteins and nucleic acid, these ROS cause oxidative stress (Liu et al., 2015). The absence of oxidative stress is shown by the presence of malondialdehyde (MDA) in the intracellular environment (Sabra, 2012). The plant has both enzymatic and non-enzymatic activity to detoxify ROS (Abid et al., 2016). The enzyme superoxide dismutase (SOD) catalyzes the transformation of O₂⁻ into the less reactive H₂O₂ (Helena and Carvalho, 2008). This H₂O₂ is further detoxified to O₂ and H₂O by the enzymes catalase (CAT) and ascorbate peroxidase (APX). When the enzymes listed above are coupled, they assure a low level of O₂⁻ and H₂O₂ in the intercellular space. Antioxidants that are not enzymes, such as glutathione (GSH) and carotenoids, have a function in cellular defense. GSH protects the chloroplast from ROS damage by raising the ratio of reduced to oxidized glutathione, whereas carotenoid protects the photosynthetic system by turning excess excitation energy into heat. Drought stress adaptation relies heavily on proline aggregation and catabolism. Proline can be degraded by plants using an oxidation process. Proline aids in adjustment, ROS detoxification, and membrane integrity protection. Proline accumulation has been proposed as a suitable osmolyte and a mechanism to store carbon and nitrogen, as well as a role in plant stress tolerance adaption. It functions as an osmoregulator. Proline increases in response to water stress and dissipates quickly after the stress is alleviated due to differences in cytosolic synthesis and mitochondrial breakdown rates (Kiyosue et al., 1996). Drought causes morphological, physiological and biochemical changes in wheat (Table 1).

Table 1. Morphological, physiological and biochemical changes caused by drought stress in wheat

Parameters	Changes
Morphology	Plants of a small size, maturity at an early age, reduced leaf surface area limited leaf extension, decreased leaf size, decreased number of leaves, reduced yield and yield attributing traits (plant height, grains per spike, spikes per plant and 1000-grain weight).
Physiology	Closure of stomata, photosynthesis declines, rise in oxidative stress, changes in cell wall integrity, reduced leaf water potential, reduced stomatal conductance, reduced internal CO ₂ concentrations, decreased growth rates, water use efficiency has improved, decrease in transpiration, improvements to the AOX pathway, decreased relative water content
Biochemistry	Rubisco efficiency decreases, photochemical efficiency deteriorates, reactive oxygen species (ROS) were produced, damage from oxidation, antioxidant defense, ABA production, chlorophyll content has decreased, production of proline, the production of polyamines, an increase in antioxidative enzymes is seen, carbohydrates are made, reduction in cytokinin contents, accumulation of ABA.

[Source: Fischer et al. (1980), Powel et al. (1996), and Russell et al. (1997) Lawlor and Cornic (2002), Karthikeyan et al. (2007), Ji et al. (2010), Kilic and Yağbasanlar (2010), Nezhadahmadi et al. (2013)]

Effect of drought stress on yield and yield components

It is true that even in resistant genotypes, grain yield and yield components are reduced in drying soil. The number of tillers that survive to maturity, spike length, viable spikelets, seed per spike, and grain size all influence grain yield (1000-grain weight). Both Sharif (1999) and Musaddique et al. (2000) found that wheat yielded the maximum of tillers (more than 400 tillers/m²) when the maximum number of irrigations was administered. McDonald et al. (1984) discovered that having the most tillers was associated with having the most irrigations. The significance of fertile tillers can be seen in the fact that they have a direct impact on the eventual grain production. The number of spikes/m² increased as irrigation increased, according to Matsunaka et al. (1992) and Ghazal et al. (1998). Many studies have found that irrigation has a comparable effect on wheat spike length (Swati et al., 1985; Ahmad, 1994). In diverse wheat cultivars, Denčić et al. (2000) and Shehzadi (1999) found that spikelets/spike are more vulnerable to drought stress. Water stress has been shown to have similar effects on 1000-grain weight (Qadir et al., 1999; Shehzadi, 1999; Denčić et al., 2000). The productive spikes per plant help to increase yield when there is a water shortage. The water stress administered at different phases affects the number of viable spikelets per ear and the 1000-grain weight in this study.

According to Akram (2011), grain yield sensitivity to drought was shown to be dependent on the severity of stress and the stage at which it was applied. He also found that combined stress at the tillering and anthesis stages resulted in a greater drop in grain production than either stage alone. It is plausible to deduce that if irrigation is

not applied throughout the tillering and anthesis stages, grain production is drastically diminished (Pannu et al., 1996). When comparing water stress at the vegetative stage (tillering stage) to water stress at the blooming, grain filling stage, Sokoto and Singh (2013) found that water stress during the vegetative stage (tillering stage) resulted in shorter spike length. Water stress administered at that stage may have resulted in shorter plants, as seen by the shorter spikes detected during stress at tillering. There is a link between incoming radiation and the number of photosynthates available for spike growth in wheat (Acevedo et al., 2009). Photosynthesis and photosynthate transfer to spike growth are slowed by water stress. Under water stress, Mirbahar et al. (2009) reported a drop in spike length. Water stress causes a decrease in the number of spikelets per spike at tillering and blooming. Water stress-induced at tillering and flowering could result in fewer spikelets primordial being generated during tillering, or floret death at the terminal and basal end of the spike during stem extension could explain the reduced number of spikelets per spike observed. Water stress has a considerable inhibitory influence on the number of grains per spike, according to Tompkins et al. (1991). When there is less water stress during blooming, the quantity of grains per spike is smaller than when there is less water stress during tillering and grain filling. Because photosynthesis and translocation decrease with water stress, the number of blooms and grains decreases. Pollen generation and fertilization can be severely hampered by water stress. Water stress during vegetative and reproductive development caused a considerable reduction in the number of grains per spike in wheat, according to Khanzada et al. (2001) and

Qadir et al. (1999). Water stress at flowering and grain filling affected grain production more than water stress at tillering did. Water stress may reduce yield by reducing photosynthesis and translocation, leading to a drop in spikelets per spike, grain per spike, and 1000-grain weight. Water stress resulted in yield reductions of 16.50%, 34% and 25% in the combined study as a result of tillering, blooming, and grain filling, respectively. Drought stress occurred at different stages causing yield loss (Table 2).

According to various researchers, there was a linear link between available water and yield, where a reduction in available water inhibits evapotranspiration and, as a result, reduces production (Shani and Dudley, 2001). The number of tillers and spikes per m², the number of grains per spike, and the thousand kernel weights all increased significantly as a result of irrigation. Similar finding was reported by Wajid (2004) in Pakistan, who discovered that irrigation is a production component that has a considerable impact on wheat yield. The flowering season is said to be the most vulnerable to water deficits, because pollen generation and fertilization can be severely hampered by drought, resulting in a decrease in yield due to a fall in fertile spikelet number and filled grain percentage. The 1000-grain weight of wheat was also lowered due to

water stress, according to Khan et al. (2005) and Qadir et al. (1999). Plants have been discovered to have the potential to adapt to changing environmental conditions, which are often unstable due to a variety of variables. Water stress has a significant impact on the plant height of wheat, which has been employed in numerous studies. Plant height, spike length, number of grains per spike, and 1000 grain weight of wheat exhibited significant variations as water stress increased.

Cui et al. (2015) conducted a pot experiment using winter wheat cultivar (Yangmai16) to investigate the effects of different water deficit levels during vegetative periods on post-anthesis photosynthetic capacity and the relationship with grain yield. Cui et al. (2015) showed that water deficit during tillering significantly increased grain yield through an enhanced yield capacity per stem and moderate water deficit during jointing resulted in similar grain yields as compared to control, while severe water deficit during both periods significantly reduced grain yield due to strong reduction in a number of spikes as compared to control. They concluded that improved photosynthetic capacity by moderate water deficit during vegetative growth period highly contributed to grain yield, especially during the tillering period, while grain yield decreased by the limitation of leaf area and spikes under severe water deficit.

Table 2. Yield loss in wheat caused by drought stress in different growth stages

Stages	Yield loss (%)	References
Tillering stage	46.85	Schneekloth et al. (2009)
Booting stage	20.74	Schneekloth et al.(2009)
Booting to maturity	27	Shamsi and Kobraee (2011)
Heading	57	Balla et al (2011)
Heading to maturity	44	Prasad et al. (2011)
Pre-anthesis	18-53	Majid et al. (2007)
Anthesis	11-39	Jatoi et al. (2011)
Post- anthesis	13-38	Majid et al. (2007),
Grain formation stage	65.5	Tuberosa and Salvi (2006), Sivamani et al. (2000).
Grain filling to maturity	35	Shamsi and Kobraee (2011)

(Source: Nezhadahmadi et al., 2013)

Agronomic management of drought stress

Drought management measures are designed to protect water sources such as rain, irrigation water, and snow. Drought stress in wheat can be mitigated by using the drought tolerant wheat genotypes and adjusting agronomic methods (plant density, sowing time, and management of soil). These strategies must ensure that the crop-sensitive stages of wheat development occur when the risk of drought is at its lowest. Agronomic methods like efficient irrigation water use, shifting sowing schedules, and seed priming can all help to mitigate the effects of drought (Hussain et al.,

2019). Seed priming aids in seedling vigor, germination, and emergence. Mulches inhibit weed growth by limiting light penetration into the soil, hence improving water availability to crop plants in drought conditions (Rakshit et al., 2020). During the growth season, surface residue helps to prevent evaporation.

Drought management techniques must concentrate on efficient soil moisture extraction, crop establishment, biomass, growth, and grain yield. Under water shortage conditions, the key priority should be to preserve yield stability. Crop rotation and diversification also aids in water

conservation. Crop rotation is thought to assist enhance the water relationship in soils, as well as the yield and biomass of the crop (Pierce and Rice, 1988). Similarly, applying macro and micronutrients externally to wheat improves drought resistance. Exogenous silicon (Si) has been used to reduce the effects of drought on wheat and rice (Gong et al., 2005; Gautam et al., 2016). Plants treated with Si had higher antioxidant activity (Gong et al., 2005; Ma et al., 2016), more photosynthetic pigments (Gong et al., 2005), and changes in the expression of genes involved in the ascorbate-reduced glutathione cycle, flavonoid biosynthesis, and antioxidant response (Ma et al., 2016). Under drought stress circumstances, applying an adequate amount of nitrogen fertilizer helps to enhance re-mobilization and grain filling, which helps to compensate for the loss caused by lower photosynthesis and reduced grain filling (Yang and Zhang, 2006). The use of organic manure has also been shown to improve the soil's water retention capacity (Carter, 2002). As a result, applying organic manure to the wheat field improves the potential impact of drought to the crops production.

Drought tolerance in wheat

In a water-scarce environment, drought avoidance is a critical adaptation for survival. The ability of a plant to live in a dry environment is referred to as drought tolerance (Ashley, 1993). Drought tolerance is a complicated polygenic characteristic, which means that several factors

influence a plant's ability to withstand drought. Drought has an impact on the cellular, tissue, and organ levels of plants (Beck et al., 2007). Drought-tolerant plants respond to drought by activating a range of defense mechanisms, all of which must be understood to create drought-tolerant cultivars (Chaves and Oliveira, 2004). The mechanisms of drought resistance can be morphological, physiological, or molecular (Farooq et al., 2009). One of the morphological processes is drought escape, which is the ability of plants to complete their life cycle before the onset of the drought season (Mitra, 2001). Drought avoidance refers to a plant's ability to retain water by boosting intake and decreasing loss through reduced transpiration, which is aided by the plant's long and dense root network, as well as leaf and stomatal features. Osmotic adjustment (OA) is one of the most critical elements that permits a cell's osmotic potential to be reduced while maintaining turgor, allowing the plant to live in a low-water environment (Blum, 2005; Farooq et al., 2009). Wheat plants' glaucousness (a waxy layer over the cuticle) is also regarded to be a valid measure for boosting water usage efficiency and offering drought tolerance mechanisms (Richards et al., 1986).

Drought tolerance indices provide us a better chance to select genotypes that perform well in both normal and stress conditions. As a selection criterion, scientists have developed several different drought tolerance indexing methods. Some drought tolerance indices used in wheat are given in Table 3.

Table 3. List of the drought tolerance indices and formulae

Index	Symbol	Formula	References
Mean productivity	MP	$(Y_p + Y_s)/2$	Rosielle and Hamblin (1981)
Geometric Mean Productivity	GMP	$\sqrt{Y_p \times Y_s}$	Fernandez (1992)
Stress susceptibility index	SSI	$(1 - (Y_s/Y_p))/SI$, Where $SI = 1 - (\bar{Y}_s/\bar{Y}_p)$	Fischer and Maurer (1978)
Stress Tolerance	ST	$Y_p - Y_s$	Rosielle and Hamblin (1981).
Stress Tolerance Index	STI	$(Y_s \times Y_p)/(\bar{Y}_p^2)$	Fernandez (1992)
Drought Resistance Index	DRI	$Y_s \times (Y_s/Y_p)/\bar{Y}_s$	Lan (1998)
Yield Index	YI	Y_s/\bar{Y}_s	Gavuzzi et al. (1997)
Yield stability index	YSI	Y_s/Y_p	Bousslama and Schapaugh (1984)
Drought Index	DI	Regression method	McDonald and O'Leary (2016)

Note: Y_p is the yield under non-stress; Y_s the yield under stress condition; \bar{y}_p is the mean yield of all genotypes; \bar{y}_s is the mean yield of all genotypes; SI is susceptibility index.

Molecular breeding for drought tolerance in wheat

Drought tolerance is a common quantitative trait in plants (Zhu, 2002). Researchers perform QTL mapping to explore drought-resistance genes in wheat (Luo et al., 2021). Identifying drought-resistance QTLs is vital for crop breeding because it gives valuable targets. Quantitative trait loci (QTL) analysis is a successful approach for

dissecting QTL and has been used in crop gene mining (Liu et al., 2019). In wheat, efforts have been made to find QTLs for drought tolerance, particularly for physiological traits such as net photosynthesis, relative water content, cell membrane stability, and so on (Gupta et al., 2017). Several drought tolerance traits have already been found linked to a large number of QTLs. Some QTLs are reported

to contribute up to 20% of phenotypic variation for each of these individual traits (Luo et al., 2021). Quarrie et al. (1994) discovered that the 5A chromosome transports gene(s) for ABA concentration under drought stress. Various drought tolerance related QTLs were mapped on chromosomes 1A, 1B, 2A, 2B, 2D, 3D, 5A, 5B, 7A, and 7B by Quarrie et al. (2005). QTL mappings in double haploid populations and recombinant inbred lines (RILs), advanced backcross populations, are reported by many researchers for studying yield and associated linked traits under drought (Tuberosa et al., 2002; Mwadzingeni et al., 2016). Two QTL linked to coleoptile length (CL) in durum wheat under osmotic stress, situated on chromosomes 3B and 6A, respectively, explained 8.9% and 12.1% of the

phenotypic variances (Nagel et al., 2014). Under drought, two loci Qgrd2C and Qgpd2C on wheat chromosome 5B influenced germination rate (GR) and germination percentage, accounting for 6–10% of the phenotypic variances (Ashraf et al., 2015). In a F8,9 recombinant inbred line (RIL) population, QTL for wheat drought tolerance coefficient (DTC) were discovered at seedling stage, and three QTL, QRLR-WL-1D, QCLR-WL-3D, and QPHR-WL-7A, were identified on chromosomes 1D, 3D, and 7A, for the longest root length (RL), a ratio of CL, and seedling height, respectively, explaining 10.2–13.1% phenotypic variance (Liu et al., 2017). The traits associated with QTLs for drought tolerance are given in Table 4.

Table 4. Quantitative trait loci (QTL) regions identified for drought tolerance related traits in wheat

Chromosomal location of QTL	Traits linked with the QTL for drought tolerance	Mapping populations	References
6A	Coleoptiles, seedling vigour and plant height	RILs produced by crossing a Chinese semi-dwarf wheat, Chuanmai 18, with a tall breeding line, Vigour 18.	Spielmeier et al. (2007)
2A	Coleoptile's length, shoot length, and extrusion length, awn length, grain weight, relative water content,	Core collection	Ahmad et al. (2014)
1D, 2A, 2B, 2D, 3A, 4A, 4B, 5B, 5D, 6D, 7A, 7D	Root diameter, volume, surface area, crossings, forks, and tips	Devon, a spring wheat cultivar, and Syn084, a synthetic hexaploid accession, were used to develop an advanced backcross population.	Ibrahim et al. (2012)
1B, 2B, 3B, 5B, 7B, 7A	Grain weight, grain weight per spike, grain number per spike, spikes per m ² , spike weight, spike harvest index, and harvest index	RILs resulting from a cross of genotypes	Golabadi et al. (2011)
3BL	Grain yield	From a cross between line RAC875 and variety Kukri, a doubled haploid (DH) population was developed.	Bennett et al. (2012)
3B, 6A	Coleoptile length	RILs developed from the cross of durum wheat cultivars Omrabi5 and Belikh2	Nagel et al. (2014)

(Source, Modified from Mwadzingeni et al., 2016)

Drought-tolerant wheat genotypes can be developed through genetic engineering. There are two strategies to improve water use efficiency via genetic engineering. One method is to insert genes for suitable osmolytes such as, amino acids and sugar, while another method is to over-express late embryogenic proteins that give dehydration tolerance (Abebe et al., 2003). In wheat, Dehydration-responsive Element Binding (DREB) and Heat Shock Factors (HSFs) are key regulators of heat-drought stress genetic networks. Drought tolerance in wheat was improved by stress-induced expression of

Arabidopsis DREB1A, showing that DREBs may play a role in increasing wheat response to drought stress (Pellegrineschi et al., 2004). Under drought stress, zinc finger proteins (ZFPs) with a QALGGH conserved domain have been linked to gene expression modulation (Cheuk and Houde, 2016). The role of ZFPs in wheat drought tolerance has been well established (Cheuk and Houde, 2016). In wheat, TaZFP22, TaZFP34, and TaZFP46 are Q-type C2H2 zinc finger transcriptional repressors which are expressed in the roots under drought (Chang et al., 2016).

Conclusion

Drought stress causes a severe reduction in wheat crop growth and productivity. Wheat suffers from various morphological, physiological, and biochemical changes as a result of drought stress. The knowledge of these changes in wheat will help researchers to identify drought tolerance pathways and develop drought-tolerant wheat cultivars. Markers associated with QTLs can be used for marker-assisted selection in order to develop drought-resistant wheat cultivars. Increased moisture availability to crops through various agronomic practices, crop diversification, varietal development, water conservation and harvesting, and watershed development is an important component of drought management. A multidisciplinary approach involving all components should be integrated to create innovative water-use approach and foster climate resilient agriculture to mitigate the impacts of drought stress. While, drought forecasting and timely dissemination of relevant advice to farmers is also an important drought mitigation strategy that can help reduce the potential economic loss from drought.

Conflict of interest

The authors have no conflict of interest.

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